



**Department of Community Medicine,  
Center for Nutrition Studies &  
Yenepoya Nursing College  
Yenepoya (Deemed to be University)**

**Workshop for Roll-out of Multi-centric  
Pilot of Maternal Nutrition Package  
(Supported by UNICEF Office for Andhra  
Pradesh, Telangana & Karnataka)**

**Date: 12 February 2019**

**Venue: Demonstration Room, Dept of Community Medicine**

**Time: 9.30 a.m**

**Dr Abhay Nirgude  
Prof and Head,  
Community Medicine,  
Yenepoya Medical  
College**

**Dr Anurag Bhargava  
Head, Center for  
Nutrition Studies  
Prof, General Medicine  
Yenepoya Medical  
College**

**Dr Leena KC  
Dean,  
Yenepoya Nursing  
College**

**Workshop for Roll-out of Multi-centric Pilot of Maternal Nutrition Package  
(Supported by UNICEF Office for Andhra Pradesh, Telangana & Karnataka)**

**DETAILED PROGRAM SCHEDULE**

**Inauguration: 9:30 – 10:00**

**Invocation: 9.30 – 9.32**

**Lamp Lighting: Dignitaries on the dais**

**Welcome: Dr Abhay Nirgude Prof and Head, Dept of Community Medicine, 9.35 – 9.40**

**Overview of the Project: Dr Madhavi Bhargava, 9.40 – 9.45**

**Presidential Address: 9.45 – 9.55**

**Vote of Thanks: Dr Akshaya KM: 9.55 – 10.00**

**Tea and Refreshments**

Time	Session	Resource Person
10:15 – 11:15	Technical Algorithm: - Facility - Community Level	Dr Madhavi Bhargava Dr Akshaya KM
11:15 – 12:00	Anthropometry - MUAC - Height and weight measurement - Use of BMI field charts - Blood pressure measurement	Ms Harshita Dr Madhavi Bhargava
12:00 – 12:30	Clinical signs - Anemia - Fluorosis - Goiter - Pedal edema	Dr Akshaya KM
12:30 to 1:30: Lunch		
1:30 – 2:15	Counselling and Counselling messages: Universal flip book for group counselling	Ms Janet Miranda
2:15 – 3:00	Counselling for At-nutritional risk: Individual counselling	Dr Akshaya KM Ms Reshma Acharya
3:00 – 3:30	Installation and demonstration of data collection and entry in CPro Software	Ms Reshma Acharya Ms Harshitha
3:30 – 4:00	Way forward and Information on monitoring and evaluation	--